



25 TIPS ON HOW TO ENSURE THE CARE STANDARD IS KEPT HIGH



Introduction

Here are 25 tips on how to ensure a high standard of care is being delivered by a live-in carer without needing to micro manage.

11. Set Clear Expectations: Establish clear expectations and goals for the care provided, and communicate them to the caregiver.

2. Regular Communication: Maintain open and frequent communication with the caregiver, even if it's not daily.

3. Family Involvement: Involve family members or friends in the care process to provide an additional perspective.

4. Care Plan Review: Periodically review and update the care plan to ensure it aligns with your needs and preferences.

5. Ask for Updates: Request regular updates from the caregiver about your loved one's condition and any changes.

6. Feedback Channels: Establish a system for providing feedback and receiving caregiver reports, such as a communication notebook.

7. Scheduled Visits: Plan occasional visits to check in on the care provided and observe the living environment.

8. Quality Assurance: Inquire about the caregiver's agency's quality assurance measures procedures.

9. Client Advocacy: Empower the caregiver to advocate on your behalf with healthcare professionals and service providers.

10. Documentation: Ask for documentation of care activities, medication administration, and any incidents.

11. Check References: Before hiring a caregiver, check their references and verify their qualifications.

12. Online Monitoring: Consider using home monitoring systems or cameras for remote observation (with consent and respecting privacy).

13. Caregiver Training: Inquire about the caregiver's training and certifications to ensure they are qualified.

14. Regular Assessments: Schedule periodic health assessments by a healthcare professional to monitor progress.

15. Emergency Plan: Ensure there is an emergency plan in place and that you're informed about it.

16. Legal Protections: Understand your rights and the legal protections in place for care recipients.

17. Quality Indicators: Know the signs of quality care, such as improved well-being and safety.

18. Professional Boundaries: Ensure the caregiver maintains professional boundaries with your loved one.

19. Medication Management: Monitor medication administration and ask for periodic medication reviews.

20. Meal Observations: Occasionally participate in or observe meal preparation and nutrition.

21. Client Satisfaction: Solicit feedback from your loved one about their satisfaction with the care.

22. Cultural Sensitivity: Discuss the importance of cultural sensitivity and respect for your loved one's background.

23. Conflict Resolution: Establish a process for addressing conflicts or concerns if they arise.

24. Regular Housekeeping: Inquire about the cleanliness and maintenance of the living space.

25. Community Resources: Explore community resources and support services that can complement the care provided.

By implementing these tips and staying informed and engaged in the care process, you can help ensure that your loved one receives a high standard of care even when you can't monitor it daily.



Thanks
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